

April 2019



Dear Parent/Carer

Amy Winehouse Foundation Presentation – Wednesday 24th April 2019

On Wednesday 24th April, your child watched a presentation about substance misuse from the Amy Winehouse Foundation. Please see information below and the link to the associated *Parents information booklet*.

The Amy Winehouse foundation is a charitable foundation and as such will charge school for the work they are doing with our students. In order to help offset some of the costs incurred by school we are on this occasion asking parents to make a voluntary contribution of £3.00 for each child you have in either Y9 and or Y10 towards this event.

Silverdale frequently invites guest speakers and different organisations into school to speak to our students about various topics as we know that students value the expertise that external providers can offer. We are often fortunate to get these presentations for free as part of a wider commissioned programme; however this is not always possible.

Please can you pay £3.00 via cash/cheque made payable to Silverdale School or via Parentpay and hand to Student Reception in a sealed envelope with their name, form and Amy Winehouse Foundation.

The Amy Winehouse Foundation Resilience Programme is a ground-breaking drug and alcohol awareness and prevention programme for secondary schools. Evaluated by academics at Harvard University and delivered in partnership with [Addaction](#), we have so far worked with over 250 schools and 230,000 students across England.

Our trained and accredited volunteers use their own experiences of substance misuse and recovery to educate students, parents and teachers about the triggers for substance misuse and what can be done to prevent it. These volunteers have all overcome significant personal issues and now live substance free lives, and empower others to make informed choices.

It is this approach – putting real life experiences at the heart of drug and alcohol education – that makes the programme so effective. We engage students in discussing their thoughts, feelings and behaviours and enable them to address issues such as low self-esteem, poor body image, racism and bullying without turning to drugs or alcohol. We have also developed a resource to support parents. [The Parents' Information booklet](#) includes background information about why some young people use substances and tips for how parents can have more effective conversations with their children about drugs and alcohol. It also includes details of where parents can access further support.

Yours sincerely

K Anderson

Mrs K Anderson
Safeguarding and Inclusion Manager

Executive Headteacher: Roisin Paul

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Silverdale School – Amy Winehouse Foundation Presentation

Name: _____ Form: _____

I enclose £3 contribution towards the Amy Winehouse Foundation presentation on Wednesday 24th April.

Signed: _____ Parent / Carer Date: _____