

November 2018



Dear Parent/Carer

Geography A level Fieldtrip to The Lake District - Tuesday 12th to Friday 15th February 2019

Fieldwork is a vital element of geographical study in our A level course. It allows the students to develop a wide range of research skills, essential elements within all geographical studies. These skills are tested within the A examination taken at the end of the course and in the Geography Non-Examined Assessment (coursework) (20% of the A level) which is undertaken at the end of Y12 and the start of Y13.

The field trip also provides the opportunity for the students to experience and investigate glaciated landscapes and physical processes not readily available in our locality, which will help them in their work next term and their examinations in the summer of Y13. The fieldwork activities undertaken during our stay allow us to model and start to think about the students own fieldwork investigations. It is vital that they have a go at developing these skills before they start on their own coursework. Whilst we are away, we will also carry out primary research in two contrasting locations that are the focus for our Changing Places topic studied next term.

The fieldwork will be divided into two parts. On Tuesday 12th February, we will be doing fieldwork in Sheffield, with the students returning home in the evening. On Wednesday 13th February, we will drive to the Field Studies Council centre at Blencathra in the Lake District. We have chosen this location in order to provide the students with the best opportunity for them to do well in their examinations and coursework. This will give the students a wider range of experiences and provide them with opportunities, which are not otherwise possible at Silverdale. We have chosen to use the Field Studies Council because they offer good and safe access to fieldwork sites and have a good reputation for providing good working and residential facilities.

Arrangements for Tuesday 12th February are that we will meet the students in the Winter Gardens in Sheffield city centre at 9.00 am. We will finish the day's fieldwork at normal school finishing time and the students will return home. They are expected to make their own way to and from the city centre.

We will depart Silverdale at 7 am on the morning of Wednesday 13th February and return for approximately 4.00 pm on Friday 15th February.

Provided below are details about the domestic arrangements and an introduction to the centre and the emergency contact/medical information sheet. There will also be a check list for equipment, please note that the Lake District may well be cold and wet. Equipment and some clothing can be hired at a minimal cost from the centre.

Executive Headteacher: Roisin PaulFollow us on  @SilverdaleSch Like us on  @SilverdaleSch

The cost of the trip is £280.00 and includes accommodation, food, insurance, teaching, transport and most equipment. Payment for this trip must be made by the due dates:

- £100 - non-refundable deposit due by 4th December 2018
- £100 - due by 12th January 2019
- £80 - due by 1st February 2019

If you would like your child to attend this trip, a deposit of £100 is required before the deadline. If there is insufficient interest and we don't achieve the minimum number of required pupils, the trip may be cancelled.

If payment is a barrier to any pupils, please contact the organiser in the first instance. Financial assistance is available at the Headteacher's discretion.

Cheques should be made payable to **Silverdale School** and should be placed in a sealed envelope marked with the **Student's Name and Form** and labelled with the **Name of the Trip** and handed to the Student Receptionist by **4th December 2018**. Alternatively you can pay and give consent online using ParentPay, a secure method of electronic payment. If you would like a copy of your unique activation username and password please email parentpay@silverdale.sheffield.sch.uk stating your child's name and year group or contact the finance office at finance@silverdale.sheffield.sch.uk

If there are any questions, please do not hesitate to contact me or one of the other Geography Teachers for clarification.

Yours sincerely



Mr J Hamshaw
Head of Geography
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SILVERDALE SCHOOL - Y12 GEOGRAPHY RESIDENTIAL 2019

Initial deposit Deadline 4 December 2018

NAME: _____ **FORM:** _____

I give permission for my child to attend the Y12 Geography Residential Trip to the Lake District.

I enclose £100 (cash or cheque made payable to Silverdale School) which is a non-refundable deposit with the balance of £180 split into 2 payments of £100 by 12 January 2019 and £80 by 1 February 2019

Please complete and return the medical information/emergency contact form attached with this permission slip.

Please can you let us know nearer the time if there are any changes to your child's medical information or contact details.

Signed : _____ Parent/Carer Date: _____



FSC CENTRE KIT LIST

To ensure students get the most out of their time with us, they will spend much of it in the beautiful landscapes that surround our centres. Therefore, it is recommended that each student brings the kit below. To help, most centres have items which can be hired (*) or purchased (**) from the centre shop.

All centres provide bed linen for students within the course fee. Non feather pillows and extra blankets are also provided.

Indoor shoes/trainers

Towel (towels are provided for staff)

Please do not bring aerosols as these can set off our fire alarm

Pyjamas

Wash kit

Waterproof clothing *

Wellingtons *

Walking boots *

Warm sweaters

Warm trousers (jeans are not good as become cold when wet)

Gloves, hats and scarves *

Thick socks (several pairs in case they get wet)

Sun hat and sun glasses (for spring, summer and autumn courses)

Sandwich box

Small Rucksack*

Thermos flask*

Drinks bottle **

Torch **

Lined file paper, graph paper & folder **

Clipboard *

Pencils, pens, rubbers **

Calculator

Rubber gloves (if doing water based field work)

Field notebook and large plastic bag to cover notes in the field

Personal medicines (eg. paracetamol, asthma inhalers, hayfever tablets etc)

Insect repellent

Sun cream

Please note: Centres may add additional items to this kit list for certain activities.



Blencathra Centre Student Information



Who are we?

Blencathra Field Studies Centre is one of 17 centres in the UK run by the Field Studies Council, an independent education charity committed to bringing environmental understanding to all. We offer tailor-made packages for school and youth groups as well as providing outreach education and adult training. Leading the field in innovative, effective and enjoyable approaches to learning outside the classroom, we provide a safe, secure and caring atmosphere in which you'll gain the skills and understanding you'll need for school or college, develop your personal and social skills and experience some awe-inspiring places.



Where is the centre?

The Blencathra Centre is situated in the North of the Lake District, close to the town of Keswick. We have an amazing site on the side of a mountain called Blencathra and are about 30 minutes walk from the nearest village of Threlkeld. If you'd like to find us on Google Maps our postcode is CA12 4SG.

Accommodation & Facilities

We accommodate up to 120 people full-board, including a self-contained, self-catering unit for up to 22 people. Accommodation consists of twin and small dormitory rooms of either 3, 4, 5 and 6 beds with shared showers and toilet facilities. A small number of our rooms are en suite and several are accessible for wheelchair users. All bedding is provided. There are six well-equipped classrooms with interactive whiteboards, a library which has computers with internet access, a laboratory, a Games room with pool table and table tennis table, a common room with TV and DVD player, a small pantry where you can help yourselves to juice, tea and coffee and a basketball pitch. Sports equipment such as table tennis bats and basket balls are available to hire from our shop. There is wifi on the ground floor of the main house and most mobile phone networks have good coverage.



Food

We provide fresh, wholesome food to keep you going whilst outdoors. Breakfast includes toast, cereals and a cooked breakfast, you make your own packed lunch each morning and the evening meal consists of a main course of which there is a choice of a meat or vegetarian option, choice of salads or a baked potato and dessert is a choice of fruit or pudding. If you have any special dietary needs, please inform your teacher in advance, so that we can make sure we have everything you'll need.

A Typical Day

Be prepared to learn lots, have great fun, but work hard! A typical day normally consists of breakfast at 8.15am, a classroom session starting at 9.30am, followed by fieldwork from 10.30am to 4pm in the afternoon. After dinner, we typically have a lesson lasting one hour and then its free time until 10.45pm when everyone must be in their rooms. At 11.00pm its lights out.

What will you need?

During your stay at the Blencathra Centre you must be prepared to be outdoors for long periods of time. We hope you have good weather. However, conditions in the Lake District can change rapidly so you will need to be dressed appropriately. You will need to bring:

- ✓ Towels
- ✓ Wash kit
- ✓ Warm old clothing for outdoors (not jeans) and lots of spares
- ✓ Thick socks
- ✓ Gloves, hat and scarf
- ✓ Sun block, insect repellent and sun hat
- ✓ Waterproof jacket and trousers*
- ✓ Wellington boots*
- ✓ Walking boots*
- ✓ Indoor shoes
- ✓ Day sack*
- ✓ Drinks bottle/flask and sandwich box**
- ✓ Pens and pencils**
- ✓ Paper, folder and a field notebook**
- ✓ Calculator, camera and USB pen
- ✓ Personal medications

*Items which may be hired from the centre

**Items which may be bought from the centre shop

We stock a large range of waterproofs, wellies and walking boots which are available for hire for £2 per item (or £6 for everything).

We advise that you leave expensive personal items at home as we cannot guarantee their safety. Mobile phones are welcome, but must be turned off during taught sessions. Alcohol and drugs must not be brought to the centre.

Health & Safety

All tutored sessions are risk assessed and led by experienced teaching staff with specialist knowledge and fieldwork expertise. They all hold first aid qualifications and are trained in health and safety and group management. We hold the Quality Badge by The Council for Learning Outside the Classroom, which is awarded to organisations which have demonstrated that they consistently deliver high quality teaching and learning experiences and manage risk effectively. It is important to listen carefully to your tutor and comply with safety instructions. For your own safety, you must not leave the centre grounds on your own, there will be plenty of opportunities to explore this amazing environment with your tutor!



Do not smoke in any of the buildings and please do not bring any aerosols as they set off the detectors. Our smoke and fire detectors are very sensitive. On arrival please make sure you know where the meeting point is in the case of fire (the mosaic located in front of the main house) and what to do. In the event of an emergency a member of staff is available 24 hours a day and can be contacted by dialling the emergency phone located next to the dining room.

Please ensure that your teacher is aware of any special medical, physical or educational needs you may have during the course and that you have provided them with contact details of your parent or guardian.

Environmental Responsibility

Whilst at the centre we ask that you help to minimise your impact on the environment. Please reuse and recycle your rubbish wherever possible and turn off any electrical items or heating that you're not using. It all makes a difference.

Finally, we look forward to seeing you and hope that you enjoy your stay.



Blencathra Field Studies Centre, Threlkeld, Cumbria, CA12 4SG
Email: enquiries@blencathra-centre.co.uk
Telephone: (017687) 79601

PARENTAL CONSENT FOR AN EDUCATIONAL VISIT - SILVERDALE SCHOOL

Y12 Geography Field Trip to Lake District 2019

1. Details of Visit to:

Tuesday 12th February 2019

Friday 15th February 2019

From (date/time)

To (date/time)

I agree to [pupil's name] taking part in this visit
and have read and understand the information provided Yes

I understand the extent and the limitations of the insurance cover provided Yes
(please see PARENTS' LETTERS on the school website,
<http://www.silverdale.sheffield.sch.uk/page/?title=Parents+Letters&pid=12>)

I agree to my child's participation in the activities described in letter: Yes

Are there any activities that your child cannot participate in: Yes

If Yes, please give details here:

I acknowledge the need for my child to behave responsibly Yes

~~For activities in or near water (swimming ability and water confidence)~~

~~Please describe your child's swimming ability:~~

~~Is your child water confident with regard to the proposed activity Yes No~~
~~(please see trip specific parental consent form for description of any water activities)~~

2. Medical Information about your child

Date of birth of your child

Does your child suffer from any conditions that the visit leader needs to be aware of for example, medical conditions, illness, allergies, ~~night-time~~ tendencies (ie. sleepwalking, bedwetting, nightmares), travel sickness etc? Yes No

If Yes, please provide details:

Has your child been to hospital in the last six months? Yes No

If Yes, please give brief details:

Does your child take medication? Yes No

If Yes, please give details, including how medication is administered, including details of medication, timing, dosage and any side effects:

Does your child have any special dietary requirements? Yes No

If Yes please give details (eg. vegetarian/halal/foods to be avoided due to allergies, etc)

To the best of your knowledge has your child been in contact with any contagious or infectious diseases or suffered from anything in the last four weeks that may be contagious or infectious Yes No

If Yes, please give details

Is your child allergic to any medication?

Yes No

If Yes, please specify

When did your child last have a tetanus injection?

Has your child been inoculated against mumps, measles & rubella (MMR)?

Yes No

I will inform the visit leader/headteacher as soon as possible of any changes in medical or other circumstances between now and the commencement of the visit. Yes

I agree to my child receiving medication as instructed and any emergency dental, medical or surgical treatment, including anaesthetic or blood transfusion, as considered necessary by the medical authorities present.

Yes No

3. Special educational needs and disabilities

If your child has any special educational needs and/or disabilities which the school needs to know about for this visit, please outline them here indicating how they should be supported for the visit.

4. Contact Information

Main Address of Pupil:

Home Telephone Number:

Telephone Numbers - 1 st Contact	Name of Contact	Relationship to pupil
Mobile:		
Home:		
Work:		

Telephone Numbers - 2 nd Contact	Name of Contact	Relationship to pupil
Mobile:		
Home:		
Work:		

Additional Contact (if required)	Name of Contact	Relationship to pupil
Mobile:		
Home:		
Work:		

Name & Address of Family Doctor:

Telephone Number:

5. Photographic Consent

I give consent for photographs to be taken of my child that may be used for promotional purposes in printed material, film footage or on the school website.

Yes No

6. I consent to my child taking part in this visit:

Signed Date

Name (in capitals) Relationship to pupil