



## **Week One- Monday**

### **Main Meals:**

Chicken Breast Fillet served in a Tomato and Basil Sauce

Or

Homemade Beef Burger served in a Bun with Tomato Relish

Or

Fresh Seasonal Vegetable and Bean Cassoulet

### **What's on the side?**

Jacket Wedges

Garden Peas

Sweetcorn

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week One- Tuesday**

### **Main Meals:**

Traditional Indian Style Lamb Biryani with Mixed Rice

Or

Freshly Made Oven Baked Chicken and Sweetcorn Pie

Or

Traditional Mediterranean Vegetable Lasagne

### **What's on the side?**

New Potatoes

Roasted Vegetables

Green Beans

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week One- Wednesday**

### **Main Meals:**

Roast of the Day with Traditional Accompaniments

Or

Mexican Chilli Con Carne served with Braised Rice

Or

Creamy Cheese Topped Leek and Potato Layer

### **What's on the side?**

Roast Potatoes

Baton Carrots

Savoy Cabbage

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week One- Thursday**

### **Main Meals:**

Homemade Savoury Minced Lamb and Onion Cobbler

Or

Deep Filled Chicken and Vegetable Enchiladas

Or

Cheese and Tomato Wholemeal Pasta Bake

### **What's on the side?**

Spicy Diced Potatoes

Broccoli

Mixed Vegetables

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week One- Friday**

### **Main Meals:**

Deep Fried Fish with Lemon and Tartare Sauce

Or

Vegetable Curry served with 50/50 Rice

### **What's on the side?**

Chipped Potatoes

Mushy Peas

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,  
Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week Two- Monday**

### **Main Meals:**

Fresh Salmon and Tuna Pasta Bake

Or

Traditional All-Day Breakfast

Or

Vegetarian All-Day Breakfast

### **What's on the side?**

Spicy Diced Potatoes

Broccoli

Grilled Tomatoes

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week Two- Tuesday**

### **Main Meals:**

Spicy Chicken Tikka served with Wholegrain Rice

Or

Oven Baked Savoury Cheese and Tomato Flan

Or

Fresh Creamy Pasta Primavera

### **What's on the side?**

Jacket Wedges

Sweetcorn

Garden Peas

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week Two- Wednesday**

### **Main Meals:**

Roast of the Day with Traditional Accompaniments

Or

Mexican Spiced Chicken and Peppers Fajita

Or

Thai Green Vegetable Curry with Mixed Rice

### **What's on the side?**

Roast Potatoes

Mixed Vegetables

Cauliflower

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks





## **Week Two- Thursday**

### **Main Meals:**

Homemade Savoury Mince and Vegetable Pie

Or

Italian Chicken, Tomato and Herb Fusilli Pasta

Or

Mexican Vegetable Chilli with Boiled Rice

### **What's on the side?**

New Potatoes

Sliced Carrots

Garden Peas

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week Two- Friday**

### **Main Meals:**

Deep Fried Fish with Lemon and Tartare Sauce

Or

Assorted Meat and Vegetarian Hotdogs with Onions

### **What's on the side?**

Chipped Potatoes

Mushy Peas

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week Three- Monday**

### **Main Meals:**

Fresh Hot Pulled BBQ Chicken Baguette

Or

Aromatic Beef Balti served with Mixed Rice

Or

Creamy Herb Crumbed Macaroni Cheese

### **What's on the side?**

Jacket Wedges

Garden Peas

Sweetcorn

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week Three- Tuesday**

### **Main Meals:**

Traditionally made Italian Style Lasagne

Or

Freshly Oven Baked Meat and Potato Pasty

Or

Falafel, Salsa & Flatbread

### **What's on the side?**

New Potatoes

Green Beans

Fresh Carrots

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week Three- Wednesday**

### **Main Meals:**

Roast of the Day with Traditional Accompaniments

Or

Traditional Mexican Style Spicy Beef Burritos

Or

Chinese Style Sweet and Sour Vegetable Chow Mein

### **What's on the side?**

Roast Potatoes

Seasonal Greens

Carrots and Peas

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week Three- Thursday**

### **Main Meals:**

Moroccan Chicken with Cous Cous and Lemon

Or

Italian Roasted Vegetable, Tomato and Basil Fusilli Bake

Or

Tangy Cheddar Cheese and Onion Flan

### **What's on the side?**

Spicy Diced Potatoes

Broccoli

Roasted Vegetables

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks



## **Week Three- Friday**

### **Main Meals:**

Deep Fried Fish with Lemon & Tartare Sauce

Or

Herb and Potato Topped Country Vegetable Bake

### **What's on the side?**

Chipped Potatoes

Mushy Peas

Baked Beans

Mixed Garden Salad

### **Available Daily:**

Filled Jacket Potatoes, Assorted Snacks,

Various Filled Sandwiches, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad,

Hot and Cold Drinks